

Agenda for National Prevention Strategy Meeting

Metropolitan Hotel, Toronto, Ontario.

DAY 1 - November 17, 2011 (Toronto Room)	
TIME	PROGRAM
8:15 to 8:45	Registration, Continental Breakfast, and Informal Networking
8:45 to 9:30	Welcome and introduction of invited participants Dr. Gail McVey and Dr. Bruce Ferguson The Learning Institute, The Hospital for Sick Children, Toronto
9:30 to 10:15	Prevention of weight-related problems: Research, interventions and opportunities for integration. Overview of the pilot findings from a recent Ontario Collaborative Research Project on mental health promotion and the prevention of weight-related disorders. Dr. Gail McVey
10:15 to 10:30	Overview of the goals and objectives for the two-day meeting.
10:30 – 11:00	Health Break and Networking
	Brief overview for purposes of knowledge exchange about initiatives underway: Successes, challenges, lessons learned.
11: 00 – 12:00	Dr. Shelly Russell-Mayhew , University of Calgary, Alberta Dr. Connie Coniglio BC Mental Health and Addiction Services, Vancouver, BC Anne Cogdon and Dr. Sara Kirk , IWK Health Centre, Dalhousie University, Halifax, Nova Scotia
12:00 to 1:00	Networking Lunch (provided)
	Presentations (continued)
1:00 - 2:30	Dr. Marie-Claude Paquette , Institut national de santé publique du Québec, Montréal, QC Nancy Malcolm Sharratt , Department of Health and Wellness, Prince Edward Island Dr. Natalie Beausoleil , Memorial University, Newfoundland Dr. Paul Fieldhouse , Healthy Living, Youth & Seniors, Winnipeg, Manitoba
2:30 – 3:30	Moderated Question and Answer Period (Dr. Bruce Ferguson and Dr. Gail McVey) Open exchange among all participants about additional initiatives underway
3:40 – 4:30	Overview of the details for Day 2 discussions (Dr. Gail McVey and Dr. Bruce Ferguson)
6: 30 pm	Reception and Networking Dinner (Please RSVP to Dorothy Alves by November 10th)

DAY 2 - November 18, 2011 (Victoria Room)

8:30 – 9:00	Breakfast and networking
9:00 – 9:15	Dr. Niva Piran , University of Toronto. Excerpts from girls' lives that can inform our prevention strategies.
9:15 – 4:00 pm	Co-Facilitators: Dr. Gail McVey and Dr. Bruce Ferguson Review of key themes discussed during Day 1. Facilitated discussion centered around three key deliverables.
	1. Identification of research gaps
9:15 – 11:00	<ol style="list-style-type: none"> 1. Social-ecological models of prevention: What do we know? Do we know enough to draw conclusions about what works? If we were to collectively roll out and evaluate such a model, what is the minimum amount of ecological layers that we need to study at once? Where do we start and with whom? 2. Is there sufficient research evidence that links risk factors for weight-related problems (previously shown to decrease as a result of interventions) with longer-term outcome indicators (population level body mass index/obesity rates)? 3. What gets measured gets done (surveillance dictates action): What are the current gaps in terms of surveillance data? What standardized outcome measures can complement population level body mass index? Who, among us, is poised to gather or conduct this type of research?
11:00 – 11:30	Health Break and Networking
	2. Identification of next steps in terms of capacity building
11:30 – 1:00	<ol style="list-style-type: none"> 1. How can we move forward with a national action plan to help provinces scale up their prevention practices to a level that is, at a minimum, evidence-informed? What would that look like? What partnerships need to be formed, and how do we foster consensus about preventing the full spectrum of weight-related problems? Do we need to establish train-the-trainer models of professional practice delivery? 2. What aspects of inter-professional practice foster effective partnerships? Are there existing models that we can adapt to build capacity for cross-sector/interdisciplinary collaboration? What has worked to date?
1:00 – 2:00	Networking Lunch (provided)
	3. Consensus to develop a forum for ongoing national dialogue (expert go-to hub)
2:00 – 3:30	<ol style="list-style-type: none"> 1. What are the next steps required to foster ongoing collaboration? Is there a need for a prevention centre? Who should be involved? How can we communicate effectively? What would be the vision of such a centre? How would this collaborative network or centre compare to existing ones?
	Evaluation
3:30 – 4:00	CLOSING REMARKS and EVALUATION